Village of Elm Grove

FALL 2020

13600 Juneau Blvd.
Elm Grove WI, 53122
www.elmgrovewi.org
(262)-782-6700
Looking for Volunteers

Our volunteers need to work or live within the department’s established response area, be at least 18 years of age, have a valid Wisconsin Driver’s License, and pass a background check.

Upon acceptance, new members attend the one semester Firefighter I State Certification course at WCTC or MATC followed by Probationary Training held on Tuesday evenings at the Elm Grove Firehouse.

As part of your service training you will learn the following skills: Fire suppression techniques, search and rescue, vehicle extrication, firefighter survival skills, water supply operations, water/ice rescue and more.

If interested, as well as those interested in serving only on the EMS Service, please contact Chief Selzer at 262-782-6700, ext. 251 or email wselzer@elmgovewi.org

You will then be contacted with further information and the next steps.
Mission Statement

The Village of Elm Grove Recreation Department is committed to improving the quality of life for all residents of Elm Grove. This is accomplished by providing high quality parks and open spaces, facilities, programs, and special events.
First off I would like to take a moment to recognize all of their hard work. From swimming lessons and Camp Elm Grove, to Movies in the Park we couldn’t do it without our exceptional staff team. Lastly I would like to thank YOU for joining us this summer and participating in our summer programs and summer events!

As you peruse this fall’s Recreation Guide, keep an eye out for some popular returning programs, such as Pilates, and some popular new classes like Taekwondo! Due to COVID-19 all Elm Grove Recreation classes will be held outside and once cooler temperatures approach they will be moved back inside with face masks required.

Lastly, while eventually cooler temperatures will prevail, keep in mind that the fall season is a wonderful time to enjoy the Village Park! From family bike rides and tennis to fishing and basketball, the park is a great place to spend some free time!

As always, thank you for your continued support of the Elm Grove Recreation Department! It was a pleasure meeting many of you this summer and I look forward to continuing to serve the Elm Grove community!

Sincerely,

Jerod Mikkelsen
Recreation Director
jmikkelsen@elmgrovewi.org
(262) 782-6700

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Village of Elm Grove Recreation Committee

Chair & Trustee Kim Irwin  Wes Parkin
Trustee Katy Cornell  Sue Retzack
Trustee Tom Michalski  Ryan Black
Joe Coffey  Allison Kelly

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Program Locations

Elm Grove Village Park, 13600 Juneau Blvd.
New Berlin Community Center, 14750 W Cleveland Ave.
Sunset Playhouse, 800 Elm Grove Rd.
Hickory Grove Center, 2600 S Sunnyslope Rd.
**Eligibility for Programs**

All Village of Elm Grove recreation programs are open to residents & non-residents. The Village of Elm Grove Recreation Department reserves the right to limit the number of non-residents in any program. For registration purposes, a **RESIDENT** is anyone who lives within the boundaries of the Village of Elm Grove or pays property taxes to the Village of Elm Grove and the Elmbrook School District. A **NON-RESIDENT** is anyone who does not reside within the boundaries of the Village of Elm Grove and does not pay property taxes to the Village of Elm Grove **AND** the Elmbrook School District. Non-resident participants contribute an additional fee or surcharge to offset their non-tax status for programs.

**Fees**

Program fees and charges are assessed in order to help defray the cost of program operations. Non-resident fees are 1.5 times those of residents. **ALL FEES MUST BE PAID AT THE TIME OF REGISTRATION.**

**Refund Policy**

Persons registered for a program which is cancelled by the Recreation Department shall receive a full refund of fees or a credit for a future program, whichever the registrant prefers. If participants cancel their registration 14 days or more prior to the start of the program, they shall receive a refund less a $5.00 service charge for each transaction, or a fee credit towards a future program, whichever the registrant prefers. **NO REFUND OR CREDIT WILL BE ISSUED WITHIN 14 DAYS OF THE START OF CLASS. THERE IS NO PRORATION FOR CLASS FEES.**

**Cancellation of Programs**

Programs may be cancelled for inclement weather or under extreme circumstances. When possible, cancellation information may be obtained by calling the Recreation Department at (262)782-6700. If inclement weather causes cancellation of a class, an effort will be made to schedule a makeup time if possible, except where noted in individual programs.

**Accessibility**

If you need special accommodations for participation in programs due to a disability, contact the Recreation Director at (262) 782-6700. Please give as much notice as possible.

**Waiting Lists**

If the class you wish to register for is full, you may place your name on our waiting list. Every effort will be made to accommodate those on the waiting list. Should an opening occur, we will contact people in the order they were placed on the list. If numbers warrant it, another class may be added.

**Program Leadership**

Qualified, competent leadership is the key to any successful program! The Elm Grove Recreation Department attempts to employ such leaders in all of its programs. Our current instructors welcome the opportunity to discuss participants progress with parents. If you would like your child’s instructor to contact you, or if you feel you are qualified to lead, instruct, or officiate a specific program, please contact the Recreation Department.

**Insurance**

The Village of Elm Grove does not provide hospital, medical, dental, or accident insurance coverage for people participating in recreational programs or activities. Program participants are strongly encouraged to obtain their own insurance coverage prior to the start of any program or activity. Absence of personal health insurance coverage does not make the Elm Grove Recreation Department responsible for payment of a participant’s medical coverage. All participants in department sponsored activities must assume risk for all injuries. The Elm Grove Recreation Department will not be liable for personal liabilities or accidents.

**Say Cheese!**

For program promotion purposes, we will be photographing several of the activities & their participants. The photos have the potential to appear in future brochures & promotions. If you do not wish to have your photo taken, please notify the Recreation Department in advance.

**Oops!**

Occasionally there may be errors in the days, times, registration requirements, or fees noted in the brochure. If so, the Recreation Department will do everything possible to correct the situation promptly. Thank you for your patience and understanding should these situations arise.
PICNIC AREAS
Two picnic areas are available to be reserved or families or groups. These areas are available for reservation by both residents and non-residents. A non-refundable fee is required for each area being reserved. Reservations can be made online through the Recreation registration software on the Village website. An application permit for beer and wine coolers must be filled out if either will be consumed. Reservations for non-residents begins May 1st of each year.

<table>
<thead>
<tr>
<th>Park Area</th>
<th>Resident Fee</th>
<th>Non-Resident Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Large Pavilion by pool (up to 75 people)</td>
<td>$105 +Tax</td>
<td>$157.50 +Tax</td>
</tr>
<tr>
<td>Large Pavilion by pool (up to 150 people)</td>
<td>$165 +Tax</td>
<td>$247.50 +Tax</td>
</tr>
<tr>
<td>Small Gazebo includes barbecue grill (maximum of 50 people)</td>
<td>$50 +Tax</td>
<td>$75 +Tax</td>
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</tbody>
</table>

POOL RENTAL
The pool is available for private pool parties Tuesday, Thursday & Saturday evenings from 6:30-9:30 PM, June 5th-August 15th, 2021. Reservations can be made online through the Recreation registration software on the Village website. The pool rental fee is $350 +tax for residents, and $525 +tax for non-residents. There is a maximum capacity of 220 people per party. Reservations for non-residents begins May 1st of each year.

VOLLEYBALL COURTS
The sand volleyball courts may be reserved for $5.00 +tax per hour by residents, and for $7.50 +tax by non-residents, Monday-Friday, 8AM-10PM and Saturday and Sunday, 12noon-10PM. Reservations can be made online through the Recreation registration software on the Village website. On Saturday and Sunday mornings, courts are used on an open play basis. Please limit play to one hour if others are waiting.

TENNIS COURTS
The tennis courts may be reserved for $5.00 +tax per hour by residents, and for $7.50 +tax by non-residents, Monday-Friday, 8AM-10PM and Saturday and Sunday, 12noon-10PM. Reservations can be made online through the Recreation registration software on the Village website. On Saturday and Sunday mornings, courts are used on an open play basis. Please limit play to one hour if others are waiting.

2021 reservations for picnic or pool rentals are made on a first-come, first-served basis and may be made as early as January 4, 2021 for residents of Elm Grove.
WHAT IS A CONCUSSION?
A concussion is a type of traumatic brain injury that changes the way the brain normally works. A concussion is caused by a bump, blow, or jolt to the head or body that causes the head and brain to move rapidly back and forth. Even a “ding”, “getting your bell rung”, or what seems to be a mild bump or blow to the head can be serious.

WHAT ARE THE SIGNS & SYMPTOMS OF A CONCUSSION?
Signs and symptoms of a concussion can show up right after the injury or may appear days or weeks after the injury. If an athlete reports one or more symptoms of concussions listed below after a bump, blow, or jolt to the head or body, they should be kept off the field of play the day of the injury and until a health care professional, experienced in evaluating concussions, says they are symptom free and they are OK to return to play.

SIGNS OBSERVED BY COACHING STAFF:
- Appear dazed or stunned
- Forgetfulness/confusion
- Moves clumsily
- Answers questions slowly
- Loses consciousness
- Shows mood or behavior changes

SYMPTOMS REPORTED BY ATHLETES:
- Headaches or pressure in the head
- Nausea or vomiting
- Balance problems or dizziness
-Blurry vision
- Sensitivity to noise
- Concentration or memory problems
- Confusion
- Feeling sluggish, hazy or groggy

CONCUSSION DANGER SIGNS
In rare cases, a dangerous blood clot may form on the brain in a person with a concussion and crowd the brain against the skull. An athlete should receive immediate medical attention if after a bump, blow, or jolt to the head or body they exhibit any of the following danger signs:
- One pupil larger than the other
- Cannot be awakened
- A headache that gets worse or slurred speech
- Convulsions or seizures, repeated vomiting
- Cannot recognize people or places
- Becomes increasingly confused or agitated
- Loses consciousness for any amount of time

WHY SYMPTOMS SHOULD BE REPORTED?
If an athlete has a concussion, his/her brain needs time to heal. While an athlete’s brain is healing, they are more likely to have another concussion. Repeat concussions can increase the time it takes to recover. In rare cases, repeat concussions in young athletes can result in brain swelling or permanent damage to their brain and can even be fatal.

WHAT SHOULD YOU DO IF YOU THINK YOUR ATHLETE HAS A CONCUSSION?
If you suspect that an athlete has a concussion, remove them from play and seek medical attention. Do not try to judge the severity of the injury yourself. Keep the athlete out of play until a medical professional says they are symptom free and are OK to return to play. Rest is the key to help an athlete recover. Exercise or activities that involve a lot of concentration may cause concussion symptoms to reappear or worsen. After a concussion, returning to sports and school is a gradual process that should be carefully managed and monitored by a health care professional.

WHY SHOULD PARENTS & ATHLETES BE AWARE OF THIS INFORMATION?
Wisconsin Act 172 relates to concussions and head injuries sustained in youth activities. The law requires all youth athletic organizations to educate coaches, athletes and parents on the risks of concussions and head injuries and prohibits participation in a youth activity until the athlete and parent/guardian has returned a signed agreement sheet indicating they have reviewed the concussion and head injury material. The law requires immediate removal of an individual from youth athletic activity if symptoms indicate a possible concussion. A person who has been removed from a youth activity for this reason, may not participate again until s/he is evaluated by a health care provider and receives written clearance to return to the activity.

Learn more at:
www.cdc.gov/concussions/HeadsUp/youth.htm
or
www.wiaawi.org/Health/Concussions.aspx
Registration Info

• Proof of residency must be shown at resident registration.
• Registration is on a first come, first-served basis until the maximum number of participants is reached.
• Mail in and Drop Box registrations will be processed AFTER in person registrations.
• No registration will be held without payment.
• Children age 17 & under must have a signed permission slip from a parent or guardian to register.

Online registration—Resident: August 31st @ 6:30 AM, Non-resident: September 2nd
• Go to the Village website at www.elmgrovewi.org and click the link to register online
• Click on register and choose the activities in which you would like to enroll

Register by Mail—Resident: August 31st Non-resident: September 2nd
• Complete registration form on page 6 of this Recreation Guide
• Checks payable to Elm Grove Recreation Department
• Mail completed registration form and payment to:
  Elm Grove Recreation Dept, 13600 Juneau Blvd, Elm Grove, WI 53122

Register by phone—Resident: August 31st Non-resident: September 2nd
• Have a list of activities you would like to register for at hand
• Call the Village Hall at (262) 782-6700
• Pay over the phone with credit card

In Person or Drop Box—Resident: August 31st Non-resident: September 2nd
• Stop in to Village Hall with completed registration form page 6, and payment to register in person. (Cash, check, or credit accepted)
• Simply drop off your registration in the convenient drop box located next to the main Village Hall entrance
Registration Form

Parent/Guardian full name(s): _______________________________________________________
Home Address: ___________________________________________________________________

Home Phone: __________________________ Cell Phone: __________________________

Email Address: ______________________________________________________________________

Emergency Contact: _________________________________ Phone #: __________________

I hereby permit those members of my family listed below to participate in the named activity. I understand there is no accident insurance available, and I agree to indemnify and hold harmless the Village of Elm Grove and all of its employees against any and all liability. In the event of any injury requiring medical attention, I hereby grant permission to the recreation staff to attend to my child or myself.

Signature: _________________________________________ Date: _____________________

☐ I have read and agree to the CONCUSSION INFORMATION
   (Please review information on page 3)

☐ I give permission to the Village of Elm Grove to use pictures or video of me and my child(ren) without compensation.

PARTICIPANT #1

Full name: ___________________________________
Date of Birth: ___/___/______  Grade: __________
Gender:  ☐ Male  ☐ Female
Food or Material Allergies?  ________________________________________________
Special assistance needed?  ☐ Yes  ☐ No

Program name: ______________________________________
Class #:_____________ Fee: __________________

Program name: ______________________________________
Class #:_____________ Fee: __________________

Program name: ______________________________________
Class #:_____________ Fee: __________________

Program name: ______________________________________
Class #:_____________ Fee: __________________

PARTICIPANT #2

Full name: ___________________________________
Date of Birth: ___/___/______  Grade: __________
Gender:  ☐ Male  ☐ Female
Food or Material Allergies?  ________________________________________________
Special assistance needed?  ☐ Yes  ☐ No

Program name: ______________________________________
Class #:_____________ Fee: __________________

Program name: ______________________________________
Class #:_____________ Fee: __________________

Program name: ______________________________________
Class #:_____________ Fee: __________________

Program name: ______________________________________
Class #:_____________ Fee: __________________

Payment Information
Total Due: ___________  ☐ Cash  ☐ Check  ☐ Credit Card [make checks out to “Village of Elm Grove”]
Check # if applicable: ______________
Recreation Programs

Music Makers and More
This sing along musical activity group is designed for children and their parents or caregivers. The class incorporates traditional children’s songs, finger play, rhythm instruments, and dance movements as well as puppets that help tell a story with the songs. Our goal is to give children an interest and love of all kinds of music. Bring your dancing feet and join us for a fun family class.

Ages: 9 months-4 years old w/parent
Session 1: Tuesday, Sept. 29-Oct. 27
Session 2: Tuesday, Nov. 10-Dec. 8
Fee: Resident $55, Non-resident, $82.50
Location: Hickory Grove Center, Door 1

Mooka’am Martial Arts
Looking to learn something new or brush up on old skills? Songham Taekwondo is recognized as Korea’s traditional style of taekwondo. In this class you will learn techniques for self-defense while focusing on personal development of mind and body. Students will also have the opportunity to advance in rank in Songham Taekwondo through the ATA focusing on discipline, respect, belief, communication, and honesty. Additional fees will apply for uniform, rank testing, and equipment. This ATA licensed club is independently owned and operated.

Ages: 2-6 years old
Date: Tuesday, Thursday Sept. 8th–Nov 19
Ages: 7 and Up
Date: Tuesday, Thursday Sept. 9th-Nov 19
Fee: Resident $80 Non-resident, $120
Location: Village Hall Community Room

POMS/Cheer Combo
Come cheer with us! This program will guide participants by teaching basic fundamentals of cheerleading and POMS; motions, jumps, techniques, rhythm, and crowd leading skills. We will also take a beginners look at proper stunting techniques.

Ages: 4-7 years old
Date: Mondays, Sept. 21-Nov. 16 (No class 11/2)
Fee: Resident $45, Non-resident, $67.50
Location: Hickory Grove Center, Door 1

LEGO Mania
LEGO Mania will satisfy your youngster’s need to build, explore and create! Each class will allow participants to focus on a particular build—cars, boats, animals, etc. Our instructors will help throughout the class, and each child will leave with a fun LEGO project!

Ages: 7 years and older
Session 1: Thursday, Oct. 8
Session 2: Saturday, November 14
Fee: Resident $40, Non-resident, $60
Location: Hickory Grove Center, Door 1
Zumbini
This is a fun, energetic music and movement class with a parent or caregiver. Nurture your child’s natural musical abilities, bond and play together, and enjoy music and dance exploration in a social setting with “Zumba” flavor!

Ages: Up to 3 years  
Date: Thursdays, Sept 17 - Nov 5  
Time: 9:30-10:15am  
Fee: Resident $82, Non-resident, $123  
Location: Hickory Grove Center, Door 1

Falling into Fun
This is a parent/child participation class. Join us as we explore colors, shapes, letters, and numbers around the season of Fall. We will sing songs, enjoy interactive activities and games, make seasonal crafts, and much more!

Ages: 18 months-4 years w/ parent  
Date: Tuesdays, Oct 6-27  
Time: 10-10:45am  
Fee: Resident $60, Non-resident, $70  
Location: Hickory Grove Center, Door 1

Thanksgiving Gobbles
Come join us as we have some Wobbly, Gobbly fun learning more about the history of Thanksgiving. We will read books, sing songs, and make crafts around this gobble-licious holiday!

Ages: 18 months-4 years w/ parent  
Date: Tuesdays, Nov 10 & 17  
Time: 10:00am-10:45am  
Fee: Resident $30, Non-resident, $40  
Location: Hickory Grove Center, Door 1

Holiday Delights Galore!
This is a parent/child participation class. Slow down from the holiday rush and share the joy of the season with your little one! We will read books, sing songs, play games and make crafts together!

Ages: 18 months-4 years w/ parent  
Date: Tuesdays, Dec 1 & 8  
Time: 10:00am-10:45am  
Fee: Resident $30, Non-resident, $40  
Location: Hickory Grove Center, Door 1

Baton Twirling
Ready, Set, TWIRL! Learn fun baton tricks including tosses, spins, rolls and leaps. The instructor will have information on purchasing batons at the first class. Plans include marching in the Christmas Parade and optional local baton competition.

Date: Thurs, Sept 17-Dec 3 (No class 10/29 & 11/26)  
Ages: Tiny, 3-4 years, all others 5 years and older  
Fee: Resident $70, Non-resident, $100  
Tiny Twirlers: 4:30pm-5:00pm  
Novice: 5:45pm-6:15pm  
Beginners: 6:15pm-6:45pm  
Intermediate: 6:45pm-7:15pm  
Location: Hickory Grove Center Door #1
Youth Dance

All classes on this page are co-ops with New Berlin Recreation Department

Class Structure: Programs are designed as a year long program. Participants should remain in the same level for at least two sessions before progressing onto the next level.

Location: Hickory Grove Center, Door 1

Instruction Fees: $64 Resident, $96 Non-resident

Dance Attire: Tutu’s and leotards and dance specific shoes; please see instructor on first day of class for more information.

Creative Movement

Ages: 3 - 4

This class is for youth to learn and enjoy basic dance movements while being creative with ribbon wands, bean bags, fun songs and more without parent participation. (Ballet shoes strongly suggested)

Pre-Ballet and Tap 1

Ages: 4 - 5

In this introductory class, children will learn basic ballet & tap steps. Through dance movements, they will increase their spatial & body awareness and work to increase coordination in a very positive social interactive setting.

Pre-Ballet and Tap 2B

Ages: 4 and up

Children will learn basic ballet and tap steps. Through dance movements, they will continue to increase their spatial awareness, body awareness, coordination, grace & poise.

Pre-Ballet and Tap 2A

Ages: 6 and up

Children will learn basic ballet and tap steps. Through dance movements, they will continue to increase their spatial awareness, body awareness, coordination, grace & poise.

Ballet and Tap 1

Ages: 2nd or 3rd grade

Children will learn/review basic ballet & tap steps through bar work & dance movements. Terminology will be taught.

Ballet and Tap 2

Ages: 4th or 5th grade

Progressing into Ballet & Tap 2, children will continue to learn ballet and tap steps. Dance combinations will be taught. Children will work to enhance their rhythm, coordination & strength. Students will remain at this level for two years.

Jazz

Ages: 9 - 13 (no dance experience required)

Strength, flexibility and rhythm will increase as students learn basic Jazz steps and combinations that can be performed to today’s music. Students will warm-up on strength and flexibility and then work on dance steps and combinations. (Jazz shoes are required)

12 Week Session

<table>
<thead>
<tr>
<th>Monday, Sept 14th-November 23</th>
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<tbody>
<tr>
<td>Pre Ballet &amp; Tap 1</td>
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<tr>
<td>Creative Movement</td>
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<tr>
<td>Pre Ballet &amp; Tap 2B</td>
</tr>
<tr>
<td>Pre Ballet &amp; Tap 2A</td>
</tr>
<tr>
<td>Ballet &amp; Tap 1</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Friday, Sept 11th-Nov 20th</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre Ballet &amp; Tap 1</td>
</tr>
</tbody>
</table>

Dance Out Your Sillies

In this class youth will attend with a parent to have fun learning beginning dance movements and being creative with songs, ribbons, instruments, and more!

Mondays, Sept 21-Nov 16 (No class 11/2)
6:30 pm-7:00 pm Class # 7033

Ages: 2-3 years w/ parent
Fee: $46 residents, $69 non-residents
### Dates to Remember

**August**
31— Resident registration begins

**September**
1— First day of School - Elmbrook Schools
2— Non-Resident registration begins
7— Labor Day—Village Hall Closed

**October**
24— Trick or Treating in Elm Grove: 5pm-7:30pm

**November**
11— Holiday Open House
26-27— Thanksgiving— Village Hall Closed

**December**
24— Christmas Eve— Village Hall Closed
25— Christmas Day— Village Hall Closed

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**DUE TO COVID-19**

There will be no in person hunter safety classes will be taking place for Fall 2020.

Instructors: Jeff Hughes & 4 other DNR certified instructors, contact Jeff Hughes with questions **(262)-225-1300**
Adult Recreation

The Camera in Your Smartphone
It’s a camera, it’s a photo album, it’s a television - it’s your phone. Learn about apps, tips, tricks and limitations for pictures and video from iPhone and Android smartphones and tablets. This class will cover your device’s camera, home and Cloud storage options, printing and more.

Ages: 18+ years
Dates: Tuesday, Oct. 27th
Time: 6:30pm-8:30pm
Class # 7047
Fee: $20
Location: New Berlin Community Center-Trailside Room

Yoga
Unite the mind body and spirit for health and well-being. Sustained poses and meditation are taught with a strong emphasis on internal body awareness and energetic support of the asanas (yoga props to support the body) to help elongate the spine, open the hips and customize the poses to suit each individuals needs. Class is suitable for the beginning yogi as well as those ready to move beyond. Please dress comfortably.

Ages: 18+ years
Dates: Session 1: Thurs Sept 10- Nov 12
Time: 5:30-6:30pm
Class # 7048
Holiday session: Thurs, Dec 3 -Dec 17
Time: 5:30-6:30pm
Class # 7049
Fee: Session 1-Resident $68, Non-resident, $102, Holiday Session-Resident $14, Non-resident, $21
Location: O’Neill Room, Lower Level of Village Hall
Instructor: Kathy Fried

Ballroom dance
Are you left out when the music starts playing at the wedding or cruise when others take the dance floor? You can learn the basics of Ballroom Dance even if you have two left feet. Two levels will be offered. Intermediate is for couples with at least two semesters of prior experience. Please wear non-floor marking shoes. This session will focus on the Waltz and class choice (4 weeks of each style and a summary class at the end).

Beginners, Ages: 18+ Couples
Class # 7062
Dates: Mon, Sept 28-Nov. 30 (No class 11/2)
Time: 7:15pm-8:05pm
Fee: $90 Resident, $120 Non-Resident
Location: New Berlin Community Center
Instructor: Scott Lamster

Intermediate, Ages: 18+ Couples
Class # 7063
Dates: Mon, Sept 28-Nov. 30
Time: 8:10pm-9:00pm
Fee: $90 Resident, $120 Non-Resident
Location: New Berlin Community Center
Instructor: Scott Lamster
Pilates
Develop long, lean muscles without building bulk by focusing on the core to assist in distributing strength evenly throughout the body. This class will help you increase flexibility, improve posture, build strong, lean muscles, and reduce stress. Each week will be different and various equipment will be used including stability balls, sponge balls, bands, and weights.

Ages: 18+ years  
Session 1: Tues & Thurs, Sept 9-Dec 9th (No class 11/3, 11/5, 11/24, 11/26 2 weeks of TBA)  
Class: #7064  
Fee: Session 1-Resident $68, Non-resident, $102  
Location: Community Room, Lower Level of Village Hall  
Instructor: Jayne Massopust

Cut the Cord– Controlling Cable & Internet Costs
Fees for cable television, home internet, smartphones and streaming services quickly add up to hundreds of dollars. This seminar reviews your options to cut costs and still watch television programs and have internet access on all devices.

Ages: 21+ years  
Class: #7066  
Dates: Tues October 13  
Time: 6:30pm-8:30pm  
Fee: Resident $35 per class, Non-Resident $50 per class  
Location: New Berlin Community Center– Trailside Room

Vinyasa Yoga
Vinyasa Yoga incorporates the practice of breath work and flowing postures to create a deeper connection between the mind and body. Reduce stress, relieve tension, tone your body, increase your strength, and clear your mind. Whether you are experienced or new to yoga, this class will allow you to develop into your own practice. Mats, blocks, and straps are provided.

Ages: 18+ years  
Session 1: Mon & Wed, Sept 9 -Nov 11  
Holiday Session: Mon & Wed, Nov 23-Dec 9  
Class: #7067  
Class: #7068  
Fee: Session 1-Resident $68, Non-resident, $102 Holiday Session-Resident $14, Non-resident, $21  
Location: O’Neill Room, Lower Level of Village Hall  
Instructor: Donna Wolff, ACE Certified

Cardio Strength & Challenge
This low impact, high energy class offers a total body workout. Aerobics, strength training and stretching to strengthen and tone will be incorporated. Equipment is provided. Come dressed comfortably and bring water.

Ages: 18+ years  
Session 1: Mon & Wed, Sept 9 - Nov 11  
Holiday Session: Mon & Wed, Nov 23-Dec 9  
Class: #7069  
Class: #7070  
Fee: Session 1-Resident $68, Non-resident, $102, Holiday Session-Resident $16, Non-resident, $22  
Location: Community Room, Lower Level of Village Hall  
Instructor: Donna Wolff, ACE Certified
With the amount of precipitation this year, most plants are enjoying a lush growing season. The amount of water can certainly be beneficial, however, it can also prove to be too much for some types of plants. Broken limbs from the weight of new growth have been a common sight throughout the Village.

Accompanying the rain, wind has also whipped through, breaking or toppling some trees. Many spruce trees have failed in this manor for multiple reasons. Extreme amounts of precipitation can disturb the soil and reduce root holding capacity which causes tree failure. Furthermore, with the amount of different fungal pathogens, spruce trees are losing needles at an alarming rate. This loss prevents trees from gaining enough nutrients thereby decreasing root formation and compromising the structures that keep a tree upright.

Keep an eye out for other failures in hardwoods such as included bark. Included bark occurs at the union of two young stems. Strong unions usually have a U-shape, however, at this union encapsulated bark can form, weakening the joint and making it prone to breaking. Proper disease management, pruning and the right plant in the right place can solve many of these problems.

As all Village residents have seen, a wholesale loss of ash trees is taking place. Loss of right of way, park and private trees will only increase in volume in the upcoming years till all the ash are gone or trees that are injected with an insecticide are saved. The ash species, after death, tend to fail quickly hence a need for quick removal. Village ordinance 266 will be in force to protect the investment of saved trees, property, and individuals. Please direct any questions to the Forestry Department at 782-6700 or forester@elmgrovewi.org

Ron Hill, Village Forester
Village of Elm Grove
The Village of Elm Grove has initiated flood mitigation projects in an effort to reduce the risk of flooding and improve flood risk awareness and preparedness in the Village. Floods are one of the most common hazards in the United States. The effects of floods can be local, impacting a neighborhood or community, or very large, affecting entire river basins and multiple states.

The current Flood Insurance Rate Map (FIRM, floodplain map) for the Village went into effect on November 5, 2014. The FIRM has taken into account the Village’s extensive flood mitigation efforts. The current floodplain maps as well as the current Flood Insurance Study (FIS) are available for viewing at Village Hall and the Elm Grove Public Library located at 13600 Juneau Blvd. You may also view the maps on the Village’s website www.elmgrovewi.org or may be accessed on FEMA’s webpage www.fema.gov. Village staff can assist you in determining if your property is located within the floodplain.

It is important to note that even though individual properties may not be included within the 100-year floodplain boundary provided by FEMA, there is still a chance that your property may be at risk from flood damage. Homeowners within and outside of the floodplain may purchase flood insurance to protect their homes and their valuables. Insurance is available from the federal government or through a private insurance provider. If you already have flood insurance, check with your insurance provider to ensure that you have insurance on both your home and the contents within it. More information on flood insurance can be found at www.floodsmart.gov.

You can also take steps to reduce the risk of flood damage. These steps include: installing landscaping features to absorb excess water in the ground, directing downspouts away from the home, keeping window wells free of debris, properly disposing of grass clippings and other debris, and grading to direct water flow away from your home. Publications are available at Village Hall outlining various aspects of flooding. Village staff is also available to assist property owners and make recommendations on how to reduce flood risks.

Pictures of past flooding events are available for viewing at Village Hall. If you are interested in looking at photos from the 1973, 1998, 2007, 2008 or 2009 flooding events, please stop by the front desk of Village Hall and ask to view the Flooding Pictures.

For more information please contact Tom Harrigan, Zoning & Planning Administrator at 262-782-6700 or tharrigan@elmgrovewi.org
# BRUSH PICK-UP

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<tr>
<th>AREA</th>
<th>2020 PICKUP SCHEDULE</th>
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IF YOU HAVE BRUSH THAT NEEDS TO BE PICKED UP OUTSIDE OF THE NORMAL “BRUSH PICK-UP” SCHEDULE, RESIDENTS CAN CALL FOR A “SPECIAL BRUSH PICK-UP” WHICH IS BILLED AT $60 PER LOAD.

PLEASE SEE NEXT PAGE FOR BRUSH PICK-UP GUIDELINES.
The Village public works crew will pick up brush on a scheduled basis three times a year (see schedule on previous page).

**Collection reminders:**

1. Don’t pile brush on any boulevard areas. Brush must be placed at the roadside in front of your residence.
2. Once brush has been collected on your street, crews will not return for additional pickups until the next scheduled date.
3. Residents placing brush at the roadside after their last scheduled pickup date will be billed $60.00 per load or fraction of load for the Public Works Department to pick up this brush.
4. All branches must be cut to 6-foot lengths, maximum.
5. Brush must be piled with the cut ends pointed in one direction, parallel (up or down the road) to the street. Logs must be stacked separately, apart from the brush. Brush piled incorrectly, or which is longer than the maximum of six feet, will not be picked up – nor will brush cut by contractors.
6. Brush and leaves may be brought to the Village Recycle Center during specified open hours.
7. Special brush pickups may be arranged by contacting the Village Hall at 262-782-6700. There is a charge of $60.00.
8. Don’t put brush at roadside any earlier than the weekend preceding your scheduled pickup, or later than the Sunday night preceding your pickup week.

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**RECYCLE CENTER HOURS**

**APRIL - OCTOBER 15**

TUESDAY AND THURSDAY – 3:30pm-7:00pm

**OCTOBER 16 – NOVEMBER**

MONDAY – FRIDAY 9:00 am – 5:00 pm
SUNDAY – 12:00 pm – 4:00 pm

**DECEMBER**

SATURDAY - 8:00 am – 4:00 pm

**JANUARY— FEBRUARY- CLOSED**

**MARCH**

SATURDAY - 8:00 am – 4:00 pm

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**THE RECYCLE CENTER WILL BE CLOSED ON THE FOLLOWING DAYS IN 2020**

NOVEMBER 26 & 27

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**OTHER NEWS**

THE RECYCLE CENTER WILL NOW ACCEPT METAL ITEMS FOR RECYCLING!
METAL ITEMS CANNOT HAVE ANY FLAMMABLE LIQUIDS, FREON OR PRESSURIZED TANKS.